

ANOTHER HERB HERBERT FAVOURITE HERBS

FACT SHEET

Curry Plant *Helichrysum italicum*



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This large genus of about 500 species of annuals, perennials, shrubs, and sub-shrubs is distributed in Eurasia, southern Africa and Australia;

Many species have aromatic, gray foliage and papery "everlasting" flowers. They are attractive plants for sunny borders; several are grown in herb gardens for their scent and appearance. *Helichrysum* comes from the Greek *helios*, "sun" and *chrysos*, "golden", and refers to the flower colour.

DESCRIPTION

H. angustifolium (curry plant) is a dense evergreen sub-shrub with linear, silver-gray leaves and clusters of yellow, button-like flowers in summer. The whole plant smells strongly of curry, especially after rain.



Interesting or unusual jars are excellent to keep your dried herbs

Ornamental

Curry plants make an attractive hedge plant. The fine foliage can be clipped regularly to make a lovely silver feature.

CULTIVATION

Light, well drained soil in sun.

Propagate by heel or semi-ripe cuttings from spring to autumn. Cut back to old wood in spring.

If used as a hedge, clip regularly to maintain desired shape.

HARVEST

Sprigs are picked as required and used fresh.



PARTS USED

Leaves

PROPERTIES

An aromatic herb

Height 60cm/24in Spread 1m/3ft

USES OF THE HERB

Culinary

Sprigs are added to rice, vegetables, deviled eggs and savoury dishes to give a mild curry flavour.

